

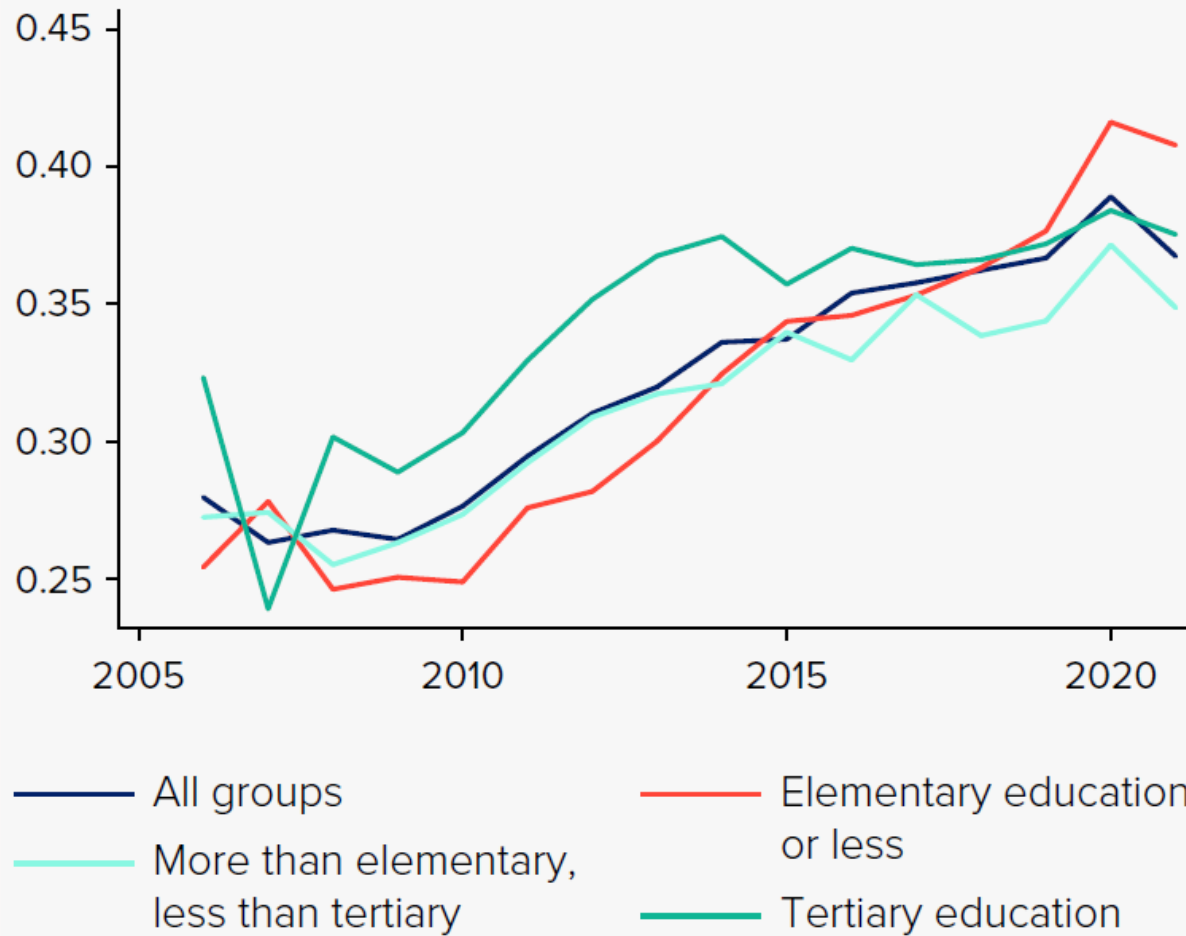
# Human Development Report 2021/22



## Uncertain Times, Unsettled Lives

## Shaping our Future in a Transforming World

## Percent of people experiencing stress (median)

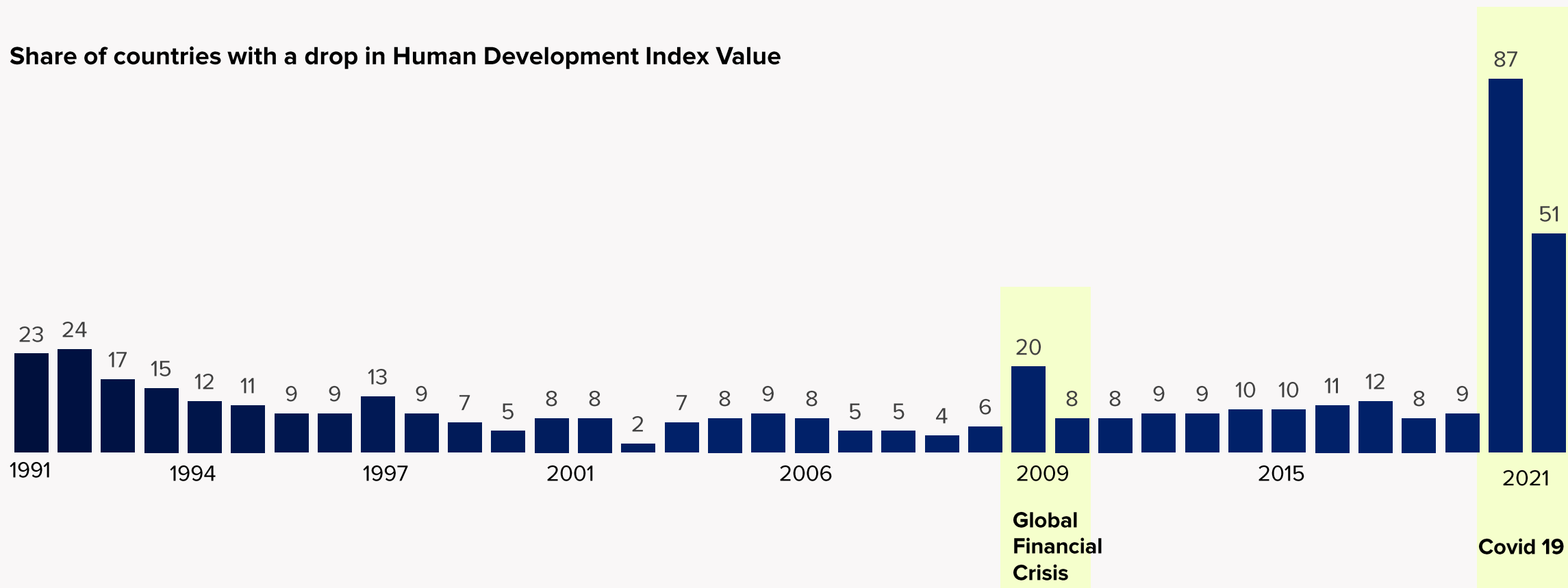


**Stress has  
been rising**

# Unprecedented share of countries suffering drops in human development index



Share of countries with a drop in Human Development Index Value

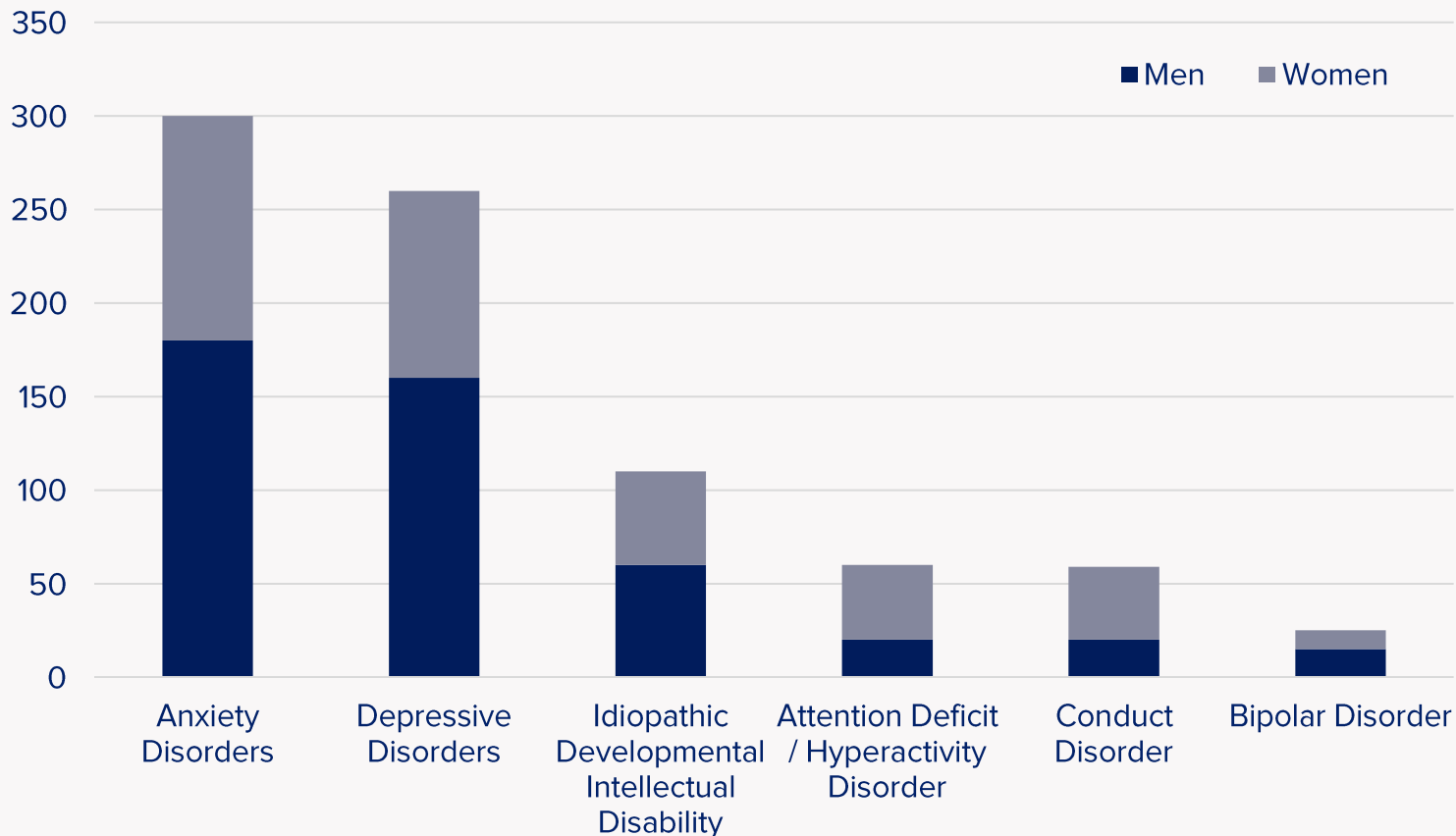


Source: Human Development Report Office calculations based on data from Barro and Lee (2018), IMF (2021, 2022), UNDESA (2022a, 2022b), UNESCO Institute for Statistics (2022), United Nations Statistics Division (2022) and World Bank (2022).

# Unsettled lives unsettle minds

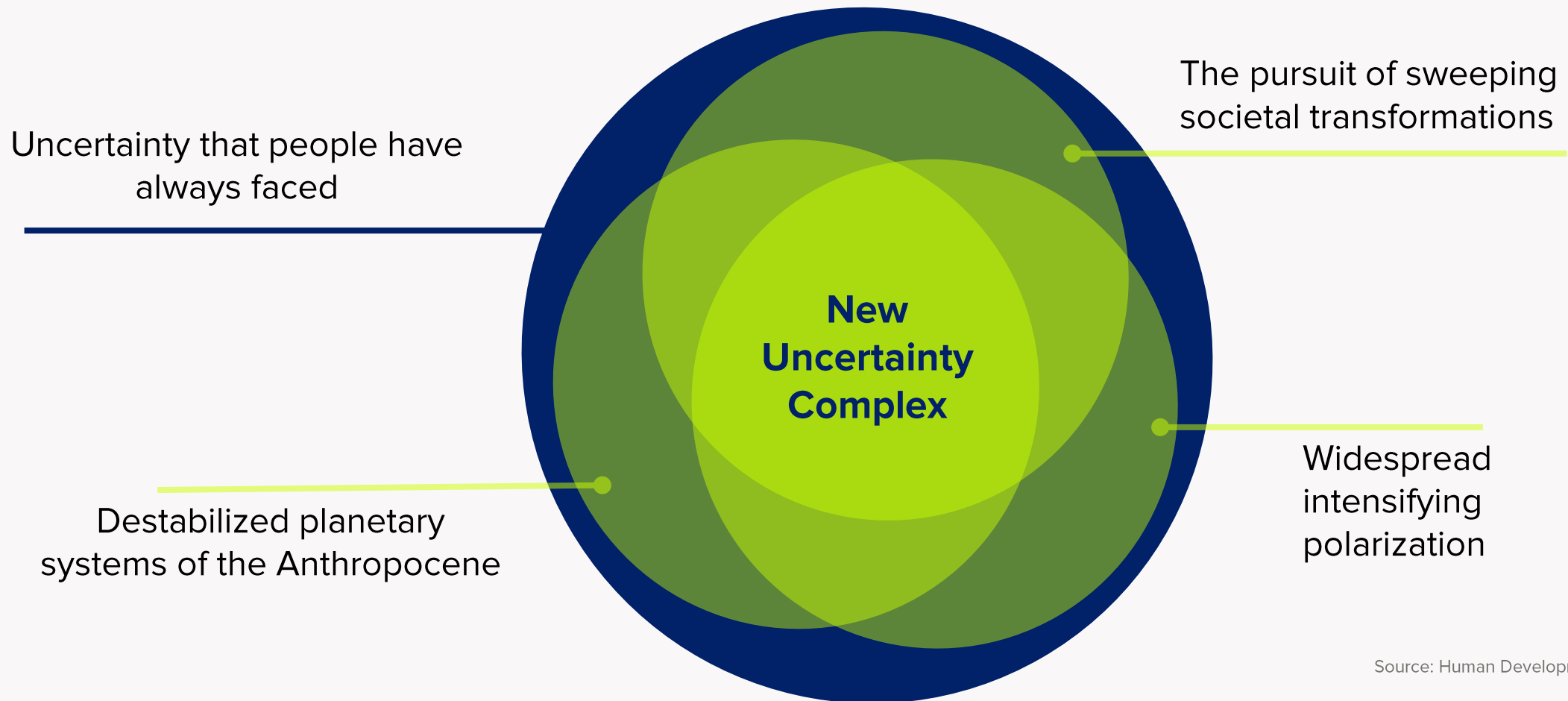


Global prevalence of selected mental disorders, 2019  
(millions of people)

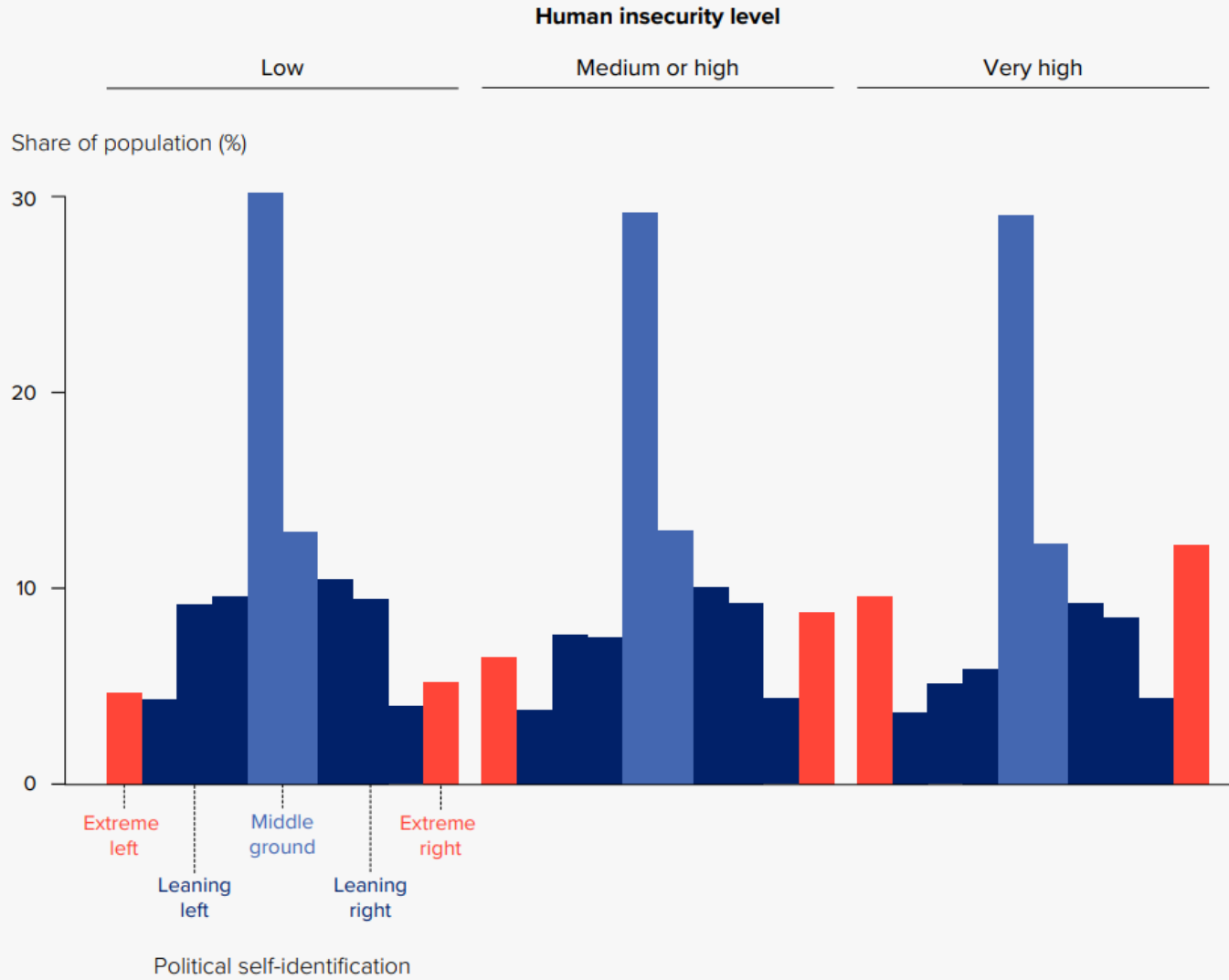


1 in 8 people suffer from a **mental health disorder**, 10 percentage points higher than a decade ago

# New and old layers of uncertainty



# Insecurity can drive people to hold more extreme preferences



## Higher insecurity driving mistrust and polarization

Globally **less than 30 percent of people** think that most people can be trusted, its lowest recorded value

Photo UNDP  
Afghanistan 2014.



Uncertainty and insecurity  
are driving **divisions**.

Democratic practices  
under stress and  
**intensifying polarization**  
everywhere are stopping  
us from acting  
collectively.

**Our societies are  
increasingly divided**



# Uncertainty can also break open our imaginations – we must embrace it

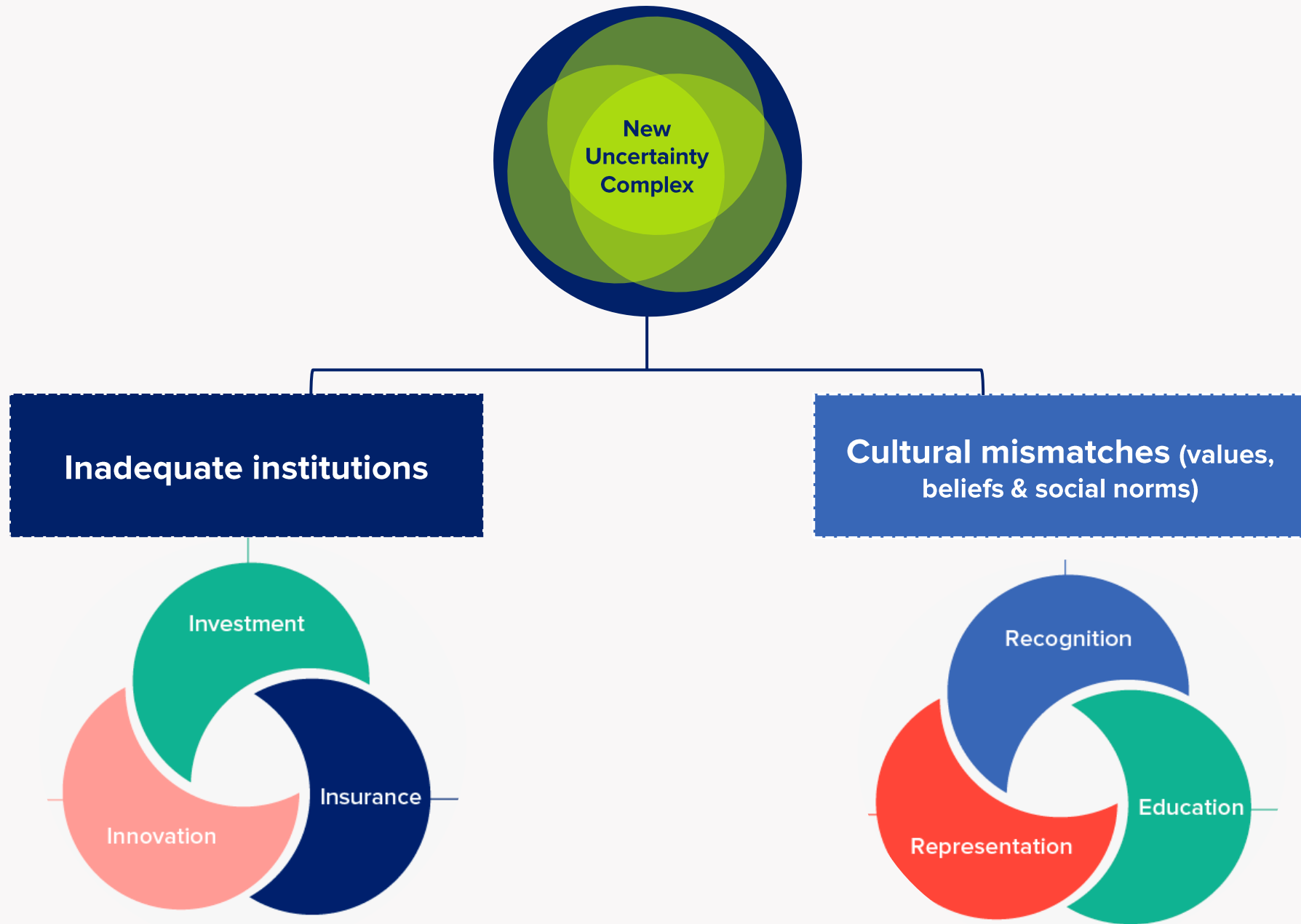


**New reference  
points for  
technological  
breakthroughs**

**New reference  
points for social and  
fiscal protection**

**New reference  
points for altering  
norms and  
behaviour**







# Where we go from here is up to us

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**We can imagine and create futures in which both people and planet thrive**

# Topics/questions for further exploration



**Beyond green growth vs degrowth: how to imagine flourishing futures?**

**Beyond wellbeing achievements: how to give more salience and measure agency and freedoms?**

**Beyond policies to shift incentives: how can social norms and societal values change?**



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